



會員通訊

香港中文大學海外校友會（北加州）
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2022 年冬季出版
www.facebook.com/oaacuhkNCa1
<http://www.oaacuhk-nc.org/index.html>

各位校友久違了，由於董事會決定將本會季刊轉型，以便更符合與校友通訊為主題，刊登校友之大作為副，現將本會冬季會務及明年活動報告如下：

2023 年 1 月至 2026 年 1 月之幹事會新成員於本年度十月會議選出：

會長：周國忠
副會長：邱惠敏
秘書：許智萍
財政：張式坤
顧問：梁國權

董事成員：李張綺蓮、禰秀萍、黃靄儀、陸萃雯、黃麗娟、尹嘉麗、陳燕薇。
新任董事：朱傑生、梁燊。

下次董事會定於 2023 年 1 月 14 日下午 3 時於下列地點舉行，歡迎各校友參加：
地址 - 943 Corporate Way, Fremont, CA 94539。報名請電: 510-996-8832。



康樂組：

本會今年於 7 月 16 日舉辦的夏日燒烤野餐活動，選址在位於 Walnut Creek 市的著名耆英社區（Rossmoor Retirement Community），燒烤野餐場地清潔寬敞，設備齊全，

為校友們提供了一個蔭涼舒適的環境，與睽違多時的同窗友好吹水聚舊緬懷昔日的好時光，這是舉辦是項活動以來最佳的場地。是日校友們除享受到一頓豐富的燒烤午餐外，還能從在該區居住校友的親述中獲得當地設施和居民生活狀況的詳細資訊。另外，校友會友好灣區電視著名主持林修榮先生亦到場探訪及即場講解他著名的維生治病理論，令各人眼界大開。是日適逢該社區舉辦中文歌曲和粵劇表演會，校友們皆能大飽耳福盡興而返。

剛舉辦之露營活動於 8 月 29 日至 9 月 1 日於 Watsonville Sunset State Park 舉行，節目豐富，除了遠足和到附近品嚐海鮮及參觀 Elkhorn Slough National Estuarine Research Reserve 外，大家齊心合力安排膳食，燒烤及清潔等等，讓營友們享受一個舒適的假日。

灣區空中“See You”茶聚：上季舉辦了兩次週末網上暢談聚會，主題分別為「香港最令我懷念的人和事」及「我與年輕一代的相處之道」。十一月的主題為「我認識的美國長者福利和設施」。有興趣參加或查詢，請電郵至 <helenwanchu@link.cuhk.edu.hk>。

網頁：地址- www.oaacuhk.org。本會將於明年在網頁成立「筆耕園地」，請各校友擁躍投稿。又本會之以往及今後活動照片亦會登於網頁，歡迎於網上查閱。

學長組：本年度八月至十二月有兩名中大交換生就讀於柏克萊大學。他們分別來自新亞和善衡書院，修讀細胞與分子生物學二年級。

校友關愛組：身體欠安及有需要幫忙之校友，可電郵本會，該組負責人黃麗娟將按需要協調其他校友幫忙。

學術講座：本會於九月三日由許翔健校友主講的「完成一部著作的歷程及淺談書中人物劉興的故事」，與會者興致盎然。有興趣參予講座之校友，可留意仍以 Mail Chimp 形式發出之通告。

2022 年旅遊消息：本會原定 2020 年 3 月出發的秘魯探索團，因疫情持續，一再改期，終於在今年 9 月成行。一行十一位團員對旅行社在行程上的安排及導遊的高質素，皆十分讚賞。

2023 年旅遊通告：本會在旅行社的安排下，終於排期在明年 10 月可包團前往中美洲哥斯達黎加。由於名額有限，希望各位有興趣的校友及家屬務必不要猶豫，立即報名。詳情請參考下列資訊。

日期

前團往危地馬拉在 2023 年 10 月 9 日出發
主團在 2023 年 10 月 14 日出發
回程日期為：2023 年 10 月 27 日

費用

前團：\$1395（6 人才可成團）

主團：\$2695

機票：\$700 三藩市出發

經濟倉票價（可自費升級或自行安排機票）

（單身旅客不收單人房間附加費，配額有限，先報名先得）



名額：15 位

查詢行程：<https://www.oattravel.com/trips/land-adventures/centralamerica/real-affordable-costarica/2021/itineraries>

報名辦法：

1. 致電 Overseas Adventure Travel 訂位部 1-800-955-1925（辦公時間：星期一至六 美東時間 上午 9 時至下午 7 時）
2. 報名參加 “The Real Affordable Costa Rica for October 14, 2023 with the OAACUHK (N.CAL) Group”
3. Group Code：G3-28780
4. 按金為每人 \$ 350. 可用支票或信用卡支付（不接受 American Express），餘款可在出發前 3 個月付清. 此按金若在三個月前通知退出可以退款。
5. 可查詢 10% Good Buy Discount 優惠及旅行保險（Good Protection Plan）若在 OAT 購買旅行保險，3 個月前通知退出，扣除保費後，也可退款. 此旅保包含在旅途中染疫的支出. 名額有限，報名從速，免額滿見遺！

此活動由：香港中文大學海外校友會（北加州）委託 The Overseas Adventure Travel 舉辦

鳴謝：

本期通訊之印刷費及郵費郵由張式坤校友贊助
Mrs. Stephanie Fung 贊助季刊經費 \$100.



(以下文章為 2022 年初在東岸北加羅州一大學完成一學期的交換生，回港前路經三藩市在一校友家中作客五天的誌記。作者 Eunice, Hung Cheung Huen 為崇基哲學系學生。)

(原文照錄，文責自負)

Last year, I was assigned to become the e-mentee of Cecilia through Chung Chi College's mentorship program. Through the exchange of emails, we got to know more about each other on hobbies and life experiences etc. Cecilia told me that she lives with her husband Paul in the Bay Area in California, a little town called "Albany", which is "the best place on Earth" with a weather of 4 seasons in a day. I was very excited when she invited me to visit her after I finished my exchange semester.

January 2022, I embarked for my exchange semester and traveled across half of the globe to Chapel Hill, North Carolina. At the University of North Carolina, I had the most amazing experience as a college student. I took courses exclusively on philosophy (my major), in which UNC houses an excellent department. The academic atmosphere in UNC was great, with encouraging teachers guiding me through difficult but fun philosophy topics. The astonishing college basketball watch parties and celebrations compensated for my loss of campus life during the pandemic. Despite the prevailing pandemic, I was fortunate to have face to face lessons and attended various student activities. The friends I made in UNC — my professors, instructors, roommate, exchangers and classmates were brilliant and friendly people who made my exchange full of joyous rewards.

By early May, I said my goodbyes to UNC and traveled to the West Coast. The San Francisco Bay area is a wonder. The city of fog welcomed me with its best weather — clear blue sky with a temperature of 60 F. Ironically there was not a cloud to be seen and it was just the right weather for outdoor activity. I stayed at Cecilia's for 5 days, taking the time to meet the people in the area as well as sightseeing in San Francisco.

The day I arrived, Cecilia and Paul took me to Costco for an experience to do groceries in America. The Costco at Albany was enormous, with shelves a few stories high and merchandise of all kinds. Not only

were there gallons of Coca-Cola or a full set of camping gear, but there were also even diamonds and jewelries in the store. The wide variety and huge amount of merchandise in Costco had surprised me, far greater than the tiny supermarket at my university town. The next day, Cecilia organized some alumni friends gathering at her house. Over the delicious home-made food, we shared and exchanged our life experiences, thoughts on American culture and memories of Chung Chi. The talks were insightful to the condition of Chinese in American society and contributed a lot to my future planning. Later, we took a hiking trip to a hill nearby. At the border between Albany and Berkeley stood a stony hill known as the Indian Rock. It took us roughly half an hour to make the climb, through the narrow path between the peaceful neighborhoods. Once we made it to the top, the view was fascinating thanks to the wonderful weather. I could see San Francisco right across the shiny blue bay and the Golden Gate Bridge looming in the sea of mist. It was that moment I fell in love with the Bay Area.

For the remaining few days, I traveled across the Bay to visit the famous San Francisco. On the 3rd day of my stay, I had a reunion with a childhood friend and classmate, Miranda, who currently studies at UC Berkeley. Miranda showed me the beautiful campus and a huge variety of restaurants I was quite envious of. We chatted about school lives in the US, future plans and many things that happened in the years gone by. I have not seen Miranda since she moved to the US after graduating from Primary School. It was happy and nostalgic to meet her again in person and catch up with what happened.

Although the transportation fee in San Francisco is costly, it is very easy to get around without a car compared to other US Cities. I spent most of my time in the Downtown and Embarcadero area, which was busy all day long crowded with tourists. In the city's Chinatown, I ate authentic and tasty Cantonese dim sum for the first time since I arrived in the States. The restaurant sold 6 dim sims for 20 dollars and did not charge any tips. It was shocking how cheap and tasty the food was. I previously ate a plate of fried noodles for 25 dollars in Las Vegas, about 30 dollars after paying the tax and tips, and the noodles tasted bad too. In addition, the wet market in Chinatown gave me the vibe of Hong Kong. There were a wide variety of Asian vegetables and fresh poultry for sale. It was something I infinitely missed after living in a small town in North Carolina for 5 months. The cultural diversity in San Francisco was vibrant and the city was considerably friendly to Chinese.

I took a ferry trip to visit the infamous, highest security jail turned museum on Alcatraz Island. The isle was a windy and desolate place, even in the Summer it was unbearable to stay outdoors. The former prisoners there were usually sentenced to life, and all they could do was stare at the splendid, busy San Francisco from afar, remorseful over their loss of freedom. It was no surprise when I saw in the prison library that prisoners enjoy reading philosophies from Kant, Hegel and Schopenhauer. The works of these philosophers were known for being tediously long and tremendously difficult to read. But suppose all you have is time, you could probably manage the impossible.

The highlight of my sightseeing trip is a bicycle tour to Golden Gate Bridge. I bumped into a recommendation for this tour when I bought my travel pass and I was immediately attracted to the idea. The scenic route traveled from the Fishermen's Wharf, across the Golden Gate Bridge, to the picturesque town Sausalito. With blessing the weather was very nice, no fog or cloud hiding the Bridge from sight.

My tour was a small group of 7 led by a local guide. We slowly rode to the Golden Gate Bridge and took many beautiful pictures on the way. Unfortunately, I was overconfident with my stigma and skill when it comes to riding the bicycle. San Francisco has more than 50 hills within the city limits. Many houses were built on steeply elevated hills with cable cars climbing up the slopes. Towards the middle of the tour, I already realized I didn't have strength to make a return trip. Luckily, there was ferry service from Sausalito to Fishermen's Wharf, my saving grace that helped me to return to the city. I appreciate this kind of eco-friendly tour for sightseeing. A bicycle could easily cover the distance between tourist attractions in North San Francisco. It was preferable for tourists without a car that wanted to visit the US.

Visiting San Francisco was an amazing journey. I had the precious opportunity to visit my mentor, meet other Chung Chi alumni and reunite with my old friend. It is a city with a lot to offer: beautiful islands full of rich history, natural coastline with stunning bridges across the bay, and a warm welcome with familiar Chinese food. I look forward to returning to San Francisco again.

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